



## TESS COUNSELLING DEPARTMENT

The Counselling Department comprises registered psychologists who apply their psychological and educational expertise to support students to achieve academic success, psychological health, and social and emotional wellbeing. The role of a psychologist at Trinity is diverse and includes:

- Counselling for students from PK-12
- Assessments, which may include individual or group tests of ability and achievement and a wide range of social, emotional and behavioural assessments.
- Group Programmes for students and parents
- Consultation with teachers regarding students with special needs
- Consultation and support for parents/families
- Provide psycho-education to students, staff and parents
- Consult and refer to external specialists
- Follow up child protection matters
- Support students during critical incidents
- Support and contribute to the School's Life Skills Programme

Parents may make referrals through their son's Housemaster or contact the TESS counselling department directly on 9581 6035.

Students may refer themselves for counselling through their parents or Housemaster, come down to the counselling offices and make an appointment or email the Head of Counselling Services.

Parents and students are able to access confidential support via the E-care email system. This email is sent directly to the Head of Counselling Services.

### STAFF INCLUDE:

Head of Counselling Services – **Tim Smith**

Psychologists:

- **Fabienne Arora**
- **Susan Taubman**
- **Lynette Fane De Sails**
- **Lucy Jackson**
- **Mitchell Huie**
- **Sandi Bell**

