

FROM THE DEAN OF BOYS' EDUCATION

PARENTING SUPPORT

Jason Cheers | Dean of Boys' Education

A sense of connectedness to family and school is a significant protective factor for young people, especially boys. We can enhance boys' sense of belonging and self-worth (connectedness) when we:

- build caring relationships - offering support, compassion and trust,
- set high and achievable expectations - offering respect, guidance, affirmation and acknowledgement, building on the strengths of each boy,
- provide opportunities for participation and contribution - responsibilities, decision making opportunities, building ownership, interaction and enjoyment.

There are a number of systems in place at the School to help support parents in raising boys. The School's 'E-Care' system provides a confidential link directly to the School's Senior Counsellor. The TESS Department, which consists of Registered Psychologists/Counsellors, specialist teachers in learning difficulties, Gifted and Talented teachers, ESL teachers, Careers Counsellor, and other special project personnel, provides a wide range of interventions for different needs.

The School conducts a number of information evenings and events throughout the year, addressing key issues in boys' education and well-being. Our School website also has a range of resources which provide parents and boys with support in different areas. They can be found in the Pastoral Care section under Support Resources. Some of these include:

- Cyber Safety resources
- AHISA monthly parenting tips newsletter
- Adolescent Psychologist Michael Carr-Gregg's resource site
- NSW Parents Council
- Michael Grose's Parenting Ideas
- Parent Line
- The Successful Parent
- Anglicare
- Help When You Need It (Michael Carr Gregg's On-Line Programme)

The quality of the School as a social institution has vital importance in the provision of a quality education for our boys. The relationship that the School has with parents plays a significant role in this regard.

SUPPORT RESOURCES

- eCare | confidential email link to our senior psychologist
- Kids Help Line
- Beyond Blue
- Headspace
- Reach Out
- Sane
- Help when you Need it
- HSC Preparation
- Quit
- Youth NSW
- Bullying.No Way!
- Cyber Safety
- AHISA Parenting
- NSW Parents Council
- Dr Michael Carr-Gregg
- Parenting Ideas
- Parent Line
- Successful Parent
- Anglicare
- Safe working & learning environment



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