

APRIL 2018 HOLIDAY SPORTING ACTIVITIES

VENUES:

Bay Run
Hawthorn Pde, Haberfield

**TGS No. 1-3/TGS Gym/CC Pool/
Fitness Centre (Trinity)/Sports Centre**
Victoria Street, Ashfield

Trinity Tennis Centre
King & Princess St, Ashbury



AFTER 7AM

Phone: 1300 788 477

FOOTBALL

1st XI Vs Newington	TGS No. 2	Tuesday 17 April	9.00am	Mr Luke Gray Tel: 0406 236 768
1st XI and 2nd XI Training	TGS No. 2		8.00am-9.30am	
1st XI and 2nd XI Training	TGS No. 2	Thursday 19 April	4.00pm-5.00pm	
1st XI and 2nd XI Training	TGS No. 2	Tuesday 24 April	7.00am-8.30am	
1st XI and 2nd XI Training	TGS No. 2	Thursday 26 April	7.00am-8.30am	
1st XI and 2nd XI Training	TGS No. 2	Friday 27 April	7.00am-8.30am	
K-Y9 Football Clinic	Sports Centre/TGS No. 2	Monday 23 April	9.00am-3.00pm	
K-Y9 Football Clinic	Sports Centre/TGS No. 2	Tuesday 24 April	9.00am-3.00pm	
K-Y9 Football Clinic	Sports Centre/TGS No. 2	Thursday 26 April	9.00am-3.00pm	
K-Y9 Football Clinic	Sports Centre/TGS No. 2	Friday 27 April	9.00am-3.00pm	

CROSS COUNTRY

Squad Training	Bay Run	Saturday 14, 21 and 28 April	8.00am	Mr Michael Spratt
Tempo Training	TGS No. 2	Tuesday 17 and 24 April	8.00am-10.00am	
Long Run	TGS No. 2	Wednesday 18 April	8.00am-10.00am	
Speed Work	TGS No. 2	Thursday 19 and 26 April	8.00am-10.00am	
Fitness Centre	Trinity Fitness Centre	Friday 20 and 27 April	8.00am-10.00am	

VOLLEYBALL

1st and 2nd VI Training	TGS Gym	Thursday 26 April	3.30pm-5.30pm	Mr Andrew Simos
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MULTI SPORTS CLINIC

Multi Sports Clinic (K-6)	Trinity Sports Centre	Monday 16 - Thursday 19 April	9.00am - 3.00pm	Mr Ian Moran
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SWIMMING

Squad Training	Centenary Centre Pool	Full details over page		Mr Ben Tuxford Tel: 9581 6244
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TENNIS

Y3-Y12 Tennis Clinic		Monday 23 April		Mr Jeremy Dykgraaff Tel: 0421 605 483
Y3-Y12 Tennis Clinic		Tuesday 24 April	9.00am-12.00pm	
Y3-Y12 Tennis Clinic	Trinity Tennis Centre	Thursday 26 April		
Y3-Y12 Tennis Clinic		Friday 27 April		
1st / 2nd IV: All Team Players Training (compulsory) 3rd / 4th & All A Team Players (non compulsory)		Friday 27 April	9.00am-11.00am	

WATERPOLO

Waterpolo Skill Training: All Years	Centenary Centre Pool	Full details over page		Mr Erkin Shagaev Tel: 0499 209 539
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Trinity Grammar School Swimming Squads

Monday 16th April 2018 - Sunday 6th May 2018

*This program can be changed at the discretion of the Director.

Contact Person: Mr Benjamin Tuxford

Ph: Office 9581 6164

btuxford@trinity.nsw.edu.au



		Squad	Monday 9th April	Tuesday 10th April	Wednesday 11th April	Thursday 12th April	Friday 13th April	Saturday 14th April	Sunday 15th April
Term 1 - Week 11	AM	Senior Competitive (MB)	5:30am - 7:45am	5:30am - 7:45am	5:30am - 7:45am		5:30am - 7:45am	5:45am - 8:00am	
		Competitive (BT)	5:30am - 7:45am	5:30am - 7:45am	5:30am - 7:45am		5:30am - 7:45am	5:45am - 8:00am	
		Junior Competitive (AA)	5:30am - 7:45am		5:30am - 7:30am	5:30am - 7:30am	5:30am - 7:30am	5:45am - 8:00am	
		Development (DP)			5:30am - 7:30am	5:30am - 7:30am	5:30am - 7:30am		
	PM	Senior Competitive (MB)	4:00pm - 6:15pm		4:00pm - 6:15pm	4:00pm - 6:15pm		Senior Competitive =	8
Competitive (BT)	4:00pm - 6:15pm		4:00pm - 6:15pm	4:00pm - 6:15pm			Competitive =	8	
Junior Competitive (AA)	4:30pm - 6:00pm		4:30pm - 6:00pm	4:30pm - 6:00pm			Junior Competitive =	8	
Development (DP)	4:30pm - 6:00pm		4:30pm - 6:00pm	4:30pm - 6:00pm			Development =	6	
Mini-Squads	3:30pm - 5:00pm		3:30pm - 5:00pm		3:30pm - 5:00pm	3:30pm - 5:00pm	Mini-Squads =	4	

		Squad	Monday 16th April	Tuesday 17th April	Wednesday 18th April	Thursday 19th April	Friday 20th April	Saturday 21st April	Sunday 22nd April
Week 1 - Holidays	AM	Senior Competitive (MB)	5:30am - 7:45am	5:30am - 7:45am		5:30am - 7:45am	5:30am - 7:30am	AGE NATIONALS	AGE NATIONALS
		Competitive (BT)	5:30am - 7:45am	5:30am - 7:45am		5:30am - 7:45am	6:00am - 7:30am	AGE NATIONALS	AGE NATIONALS
		Junior Competitive (AA)	5:30am - 7:45am	5:30am - 7:45am		5:30am - 7:45am	6:00am - 7:30am		
		Development (DP)			End of Term Recess				
	PM	Senior Competitive (MB)	4:00pm - 6:15pm		4:00pm - 6:15pm	4:00pm - 6:15pm		Senior Competitive =	7 + Competition
Competitive (BT)	4:00pm - 6:15pm		4:00pm - 6:15pm	4:00pm - 6:15pm			Competitive =	6 + Competition	
Junior Competitive (AA)	4:00pm - 6:15pm		4:00pm - 6:15pm	4:00pm - 6:15pm			Junior Competitive =	6	
Development (DP)			End of Term Recess					Development =	0
Mini-Squads			End of Term Recess					Mini-Squads =	0

		Squad	Monday 23rd April	Tuesday 24th April	Wednesday 25th April	Thursday 26th April	Friday 27th April	Saturday 28th April	Sunday 29th April
Week 2 - Holidays	AM	Senior Competitive (MB)	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	
		Competitive (BT)	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	
		Junior Competitive (AA)			End of Term Recess				
		Development (DP)			End of Term Recess				
	PM	Senior Competitive (MB)	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	Senior Competitive =	Competition
Competitive (BT)	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	AGE NATIONALS	Competitive =	Competition	
Junior Competitive (AA)			End of Term Recess					Junior Competitive =	0
Development (DP)			End of Term Recess					Development =	0
Mini-Squads			End of Term Recess					Mini-Squads =	0

		Squad	Monday 30th April	Tuesday 1st May	Wednesday 2nd May	Thursday 3rd May	Friday 4th May	Saturday 5th May	Sunday 6th May	
Term 2 - Week 1	AM	Senior Competitive (MB)					5:30am - 7:45am			
		Competitive (BT)					5:30am - 7:45am			
		Junior Competitive (AA)		End of Term Recess				5:30am - 7:30am		
		Development (DP)		End of Term Recess				5:30am - 7:30am		
	PM	Senior Competitive (MB)			4:00pm - 6:15pm	4:00pm - 6:15pm		Senior Competitive =	3	
Competitive (BT)			4:00pm - 6:15pm	4:00pm - 6:15pm			Competitive =	3		
Junior Competitive (AA)		End of Term Recess				4:30pm - 6:00pm		Junior Competitive =	3	
Development (DP)		End of Term Recess				4:30pm - 6:00pm		Development =	3	
Mini-Squads		End of Term Recess				3:30pm - 5:00pm	3:30pm - 5:00pm	Mini-Squads =	2	

**WP SKILLS SESSIONS
DURING 2018 AUTUMN HOLIDAY PERIOD**

Date	Hours	Groups/ages	Activity
Mon 16.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Tue 17.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Wed 18.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Thu 19.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Fri 20.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Mon 23.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Tue 24.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Thu 26.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session
Fri 27.04	9.00 - 10.15 10.15-11.45	U12-U14 U15-U18	Skills session