FROM THE HEAD MASTER

THE YEAR AHEAD | SOME REFLECTONS AND INITIATIVES FOR THE FUTURE

At this week’s Head Master’s Senior Assembly I took the opportunity to cover several topics with the boys including their goals for the year ahead and the positive feedback from our annual anonymous Year 11 Well Being Survey. I also outlined some key elements of our 2016 Pott Goals (Practice of Teaching at Trinity) for the School as a whole. This included reference to the Motivational and Engagement Wheel Programme which we are introducing to the boys as a way of helping ensure that pastoral and academic factors are working more effectively together in supporting the overall development of our boys as they seek to fulfil their God-given potential in all aspects of school life. Our Year 10 boys have already responded to the questionnaire which is part of this initiative which House Masters and classroom teachers will use as a reference point in counselling and supporting our boys. Parents who are interested in finding out more about this useful tool should consult with their son’s House Master (see also, page 12, white section, 2016 Record Book).

CELEBRATING EXCELLENCE

The Board of Studies, Teaching and Educational Standards NSW, in association with the Museum of Applied Arts and Sciences, launched Shape 2015 on the 26 February, a showcase of HSC Technology projects from the 2015 cohort. The launch took place at the Powerhouse Museum and Aron Sheldon (15/12Ke) was one of the twenty five students chosen from a candidature of some 9600 to have their Major Design Project displayed at the launch. POOCH, a dog waste bin design, was Aron’s innovation that was created from a need to improve the functionality and aesthetics of our current council dog waste bins and to also change the culture to increase the user’s engagement with the product! “I needed to think laterally at the prototype and design development stage. I faced the challenges of modifying the concept at a crucial point, and ensuring that I was researching and engaging the right stakeholders,” wrote Aron in his portfolio. Aron was chosen as the winner of the 2015 UNSW Built Environment Award for sustainability in design. As you can imagine, Aron and his family were exuberantly excited at the announcement of this prestigious award. Aron will commence his studies next week in a Bachelor of Computational Design at the University of NSW.

PARENTS PLEASE NOTE: TRAFFIC MANAGEMENT REMINDER

Parents please make sure you Drop off and Pick Up students by moving to the end of the Drop Off and Pick Up bays in the Car Park in peak times. Please also follow the directions of staff on duty. For more information about Traffic Management please click here.

1300 788 477
TGS MULTI-CAMPUS INFO LINE
WET WEATHER DETAILS | SPECIAL EVENTS | CO-CURRICULAR ACTIVITIES | SPORT INFORMATION
IB SCIENCES – LOCAL MEETING

On Wednesday 24 February, the Science Department hosted an afternoon meeting of IB Science teachers from across Sydney. The purpose of the workshop was to discuss the implementation of new IB Science syllabi, as there have been significant changes across all aspects of these syllabi, which are to be examined for the first time in May 2016 (for northern hemisphere students). This means that for IB students and teachers in Sydney, the November 2016 examination period (northern hemisphere students) will be only the second occasion when the new syllabi are examined, hence there was a great deal of interest from teachers to meet together and discuss their experiences with the new syllabi. There were 35 teachers who attended, from schools including MLC, St Andrew’s Cathedral School, Queenwood, Kambala, St Paul’s Anglican School, Penrith Anglican, SCEGGS Redlands and Monte St Angelo who participated enthusiastically in two discussion sessions. The first was about the new Internal Assessment requirements as well as the mandatory practical elements, and the second more discipline specific, with plenty of eager discussions and swapping of ideas, resources and challenges. There was unanimous agreement to meet again, once the May examinations have been completed, as well as to stay in touch in the meantime to continue to swap ideas and approaches to teaching and learning. All in all, some very helpful collegial relationships have been established, and a very profitable and enjoyable afternoon was had by all!

Dr Timothy Barden | Dean of Science

TURNING INTO TEENS
Emotionally Intelligent Parenting

Turning into Teens is a 4 week parenting course for parents with teens aged 10-18 years to help parents to:

- Communicate more effectively with your teenager
- Understand your teenager better
- Help your teenager to master emotional intelligence
- Help your teenager manage emotions
- Prevent some teenage behavioural problems
- Help your teenager deal with conflict.

WHERE
Anglicare
1 Sloane Street Summer Hill, NSW 2130

WHEN
Thursday 10 March to Thursday 7 April from 6.00pm to 8.00pm

COST
$200 (4 sessions)

CONTACT
Jo Doughty-Roberts phone 02 9798 1400 or email jdroberts@anglicare.org.au

SERVICE WEEK 2016
14-18 MARCH
14-18 MARCH
ACADEMIC FOCUS

EDUCATIONAL NEUROSCIENCE - IMPLICATIONS FOR BOYS’ EDUCATION

The growing field of educational neuroscience presents many opportunities as well as challenges for educators. Through brain imaging technologies we now know that the brain changes constantly as a result of learning and remains ‘plastic’ throughout life. This involves creating and strengthening some neuronal connections and weakening or eliminating others. We are also finding out more and more about the unique ways boys’ and girls’ brains function. This is not to say that the brain development of all boys and all girls is identical, but new fMRI research continues to show that there are some consistent patterns.

There are many aspects associated with boys’ neurological development that can impact significantly on their engagement with schooling. Some of the key aspects that are unique to boys can be summarised below:

> The prefrontal cortex is responsible for cognitive processes. It is the last area of the brain to fully mature, with this process occurring later in boys.
> The neurological architecture of areas associated with language and communication (Corpus Callosum, Broca’s area and Wernicke’s area) are significantly different in boys.
> The hippocampus plays a key role in the formation and retrieval of long-term memory. The hippocampus is significantly smaller in males, as well as having a slower speed of neuron transmission.
> Boys, above all of their other senses, tend to rely more on their visual cortex for gathering information.
> Serotonin facilitates the neural pathways between the limbic system (emotion) with the frontal lobes (the brain’s thinking centre). Levels of serotonin in boys’ brains are substantially lower and decline temporarily during adolescence. Compounding this is a surge in testosterone around the age of ten which interplays with serotonin.
> Movement can act as a neuro-stimulator and calming mechanism for boys.

It is also important to emphasise that boys and girls have equal opportunities for achieving success in their schooling. However, through neuroscience we can see how their pathway to success can be different.

For both boys and girls, it is also clear that the adolescent brain is far from mature, and undergoes extensive structural changes well past puberty. Adolescence remains an extremely important period in terms of emotional development, partly due to a surge of hormones in the brain, combined with an under-developed pre-frontal cortex which is responsible for logical and moral reasoning. At this time many young people have well-developed cognitive capacity but are still developing their emotional maturity. This has been referred to as “high horsepower, poor steering.”

At Trinity we are wholehearted in our belief in the benefits of an all-boys’ education and thrive on the many unique opportunities we can offer our boys that are specific to their needs. We do need to be cautious about some of the claims made in neuroscience and their implications for education. However, our holistic approach to learning which recognises the close inter-dependence of boys’ cognitive, social, emotional, creative, physical and spiritual development, is well grounded in current neurological research. The breadth of opportunities and experiences that Trinity provides aims to nurture the very best learning environment for our boys to realise their unique potential, passions and purpose in life.

Note: This article acknowledges the research of Associate Professor Michael Nagel and the OECD Centre of Educational Research and Innovation.

Jason Cheers | Academic Dean

NEWS FROM THE ARTHUR HOLT LIBRARY

LIBRARY BLOG AND BOOK LISTS

Would you like to find out what has been happening in the library? Take a look at the Arthur Holt Library blog. You’ll find updates on library events, book reviews by students and teachers and a heap of book lists! Our book lists have been compiled by the teacher librarians to cover a range of genre, promote recreational reading and support the English curriculum. This term, Year 8 English have been studying speculative fiction. It has always been a popular genre. Check out our reading lists Speculative Fiction and Dystopia for more reading ideas!

LIBRARY HACKS ARE BACK!

This week saw the return of our Library Hacks programme. What is a Library Hack?

Topics will cover referencing, essay writing and ClickView, to name a few. Short and to the point, Library Hacks will be running every Wednesday from 1.20pm in the Arthur Holt Library.

Tabatha Paterson | Teacher Librarian

PARENTS’ AND FRIENDS’ MEETING

Next Tuesday, 1st March at 7.30pm in the Terrace Room. All Welcome!
SUMMER HILL AUXILIARY MEETING

The Auxiliary will meet in the Terrace Room at 6:30pm on Tuesday 1 March. We will be planning for upcoming social events. Please come along if you are interested in joining the Auxiliary

Louise Robertson | President
email macrobertson@optusnet.com.au

85TH
CAS SWIMMING AND DIVING CHAMPIONSHIPS
Thursday, 10th March 2016
Sydney Olympic Park Aquatic Centre

Attendance is compulsory for boys in Years 10 and 11, School Officers and Boarding House students. Voluntary for all other boys. Boys in Year 9 and Year 12 are particularly encouraged to attend. Students in Years 7, 8, 9, and 12 wishing to attend the Championships must collect and return a permission note to Students’ Service Secretary.

The Swimming team will be given lunch on the Head Master’s lawn at 11.15 a.m. and at 2:45 pm the Team will leave the School by coach to go to The Aquatic Centre. The other boys who are going to the Championships will be taken by bus to the Aquatic Centre leaving the School from the Prospect Rd/Victoria St bus stops from 3.25 p.m. These students will be given a light meal before leaving and will have access to the canteen inside the Aquatic Centre. It is compulsory for boys to travel to the carnival by bus.

Boys must supply a note to Student Services if they are being picked up by a parent/guardian after the Championships have concluded (approximately 8:00 pm).

Parents must collect their boys from either the Summer Hill Campus, or the Sydney Olympic Park Aquatic Centre. Buses will transport the boys back to Trinity unless prior arrangements have been made. Please do not make arrangements for boys to leave the Aquatic Centre before the end of the Championships as boys will not be allowed to leave before our School is dismissed.

Buses will return to the Summer Hill Campus by approximately 8:40 pm. Parents are encouraged to park in the car park (entry via Victoria St) and arrange to meet your son/s there.

Dress: Grey uniform without blazer (NO Khaki uniforms)

No boys will be given permission to drive a car either to or from the Championships.

Bradley Wirth | Director of Campus Administration

TRINITY GRAMMAR SCHOOL
SCHOOL PRAYER

Parents and friends are most welcome to come and pray for our boys and the School on Tuesdays, between 8.30 am and 9.30 am. The Prayer Mornings are run on a rotational basis, on alternate weeks, at the Preparatory School campus and the Summer Hill School campus.

Junior, Middle and Senior Schools Summer Hill – meet at reception in the Junior School Building, on even weeks of term (Weeks 2, 4, 6, 8,)

Term 1: March 1, 15, 29
Term 2: May 3, 17, 31, June 14
Term 3: July 26, August 9, 23, Sept 6
Term 4: Oct 18, Nov 1, 15, 29

Come and join us so we can encourage each other, help form a sense of community within the School, and genuinely bring the needs of the School community before our great God.

Contacts:
Greg Webster | Senior Chaplain, Summer Hill
email gwebster@trinity.nsw.edu.au
Margaret Chu (Summer Hill) mobile 0433 124 523

SUMMER HILL AUXILIARY

The Auxiliary will meet in the Terrace Room at 6:30 pm on Tuesday 1 March. We will be planning for upcoming social events. Please come along if you are interested in joining the Auxiliary

Louise Robertson | President
email macrobertson@optusnet.com.au

HOUSE SERVICE
HILLIARD, HOLWOOD AND STEPHENSON

Venue The James Wilson Hogg Assembly Hall on Sunday 6th March 2016 at 6:30pm
SUPPLEMENTS AND NUTRITION

Supplement use by professional and adolescent athletes continues to be a topical issue. Education on the matter is important for all individuals contemplating supplement use. Reference to the School’s position on supplements has been published in the Head Master’s Bulletin in recent years and delivered through the Life Skills, Sports Academy and PDHPE programmes. It is timely to reiterate this message.

Trinity’s philosophy on sport

Trinity strives to facilitate a holistic education for each student. A focus on the three sides of the triangle - mind, body and spirit - is central to all that we do for our boys. It follows that engendering an enjoyment for physical activity in each student is important so that they may make a commitment to physical activity that is habitual and lifelong. The physiological, psychological and cognitive benefits of this are well documented. Organised, compulsory sport is the vehicle for this. It is a powerful educational tool also. Through its provision students learn about commitment and communication, conduct and humility. The opportunity for individuals to pursue their best is both respected and facilitated at the School in a myriad of disciplines. Sport is one such discipline. Boys who wish to develop their sporting skills have the opportunity to extend themselves under the mentorship of well qualified and dedicated coaches who understand the ethos of sport for education’s sake.

Real food, hard work and rest

Well-crafted training plans, commitment, effort, rest, “real” food and educated decision making are central to elite athletic development. Adaptation to training occurs during rest and is best fuelled by eating food from a variety of sources and food groups. The focus of physical conditioning training for elite adolescents should include sport specific conditioning, dynamic stabilisation of the major joints (for injury prevention and increased force transmission) and functional muscular endurance and strength. A pre-occupation with bulking up as opposed to being functionally strong is often unrealistic and can be unhealthy for adolescents.

The type of food and timing of its consumption is important to ensure glycogen stores are full and protein, water, vitamin and mineral intake is sufficient to meet the body’s demands. These demands are increased after exhaustive exercise. The key nutrient to fuel intense exercise is carbohydrate. Among other functions, protein is used by the body for cell growth and repair. There is a limit to the amount of protein the body will utilise. More is not better. The excess is converted to fat and stored as adipose tissue. Food can generally quite easily provide the 0.8 – 1.7 grams/kilogram of body weight of protein required each day (Sproule 2012).

Drugs

Performance enhancing drugs can be an enticing option for some aspiring athletes and body-image conscious young males desperate to get to the next level or simply to get a bulked-up physique. The health impacts of the use of such substances and the legal consequences can be very serious. The School’s position on drugs (other than those that are specifically prescribed by a doctor to an individual) is clearly stated on page 19 of the Record Book; drugs “are never permitted under any circumstances” and the likely result of those found to be involved with illicit drugs at the School or associated functions is expulsion.

Supplements

Trinity students who commit to multiple training sessions each week and play/compete at the more elite levels are taught about nutritional concepts that optimise performance. Information is disseminated by coaches and through seminars provided by the Sports Academy, Life Skills programme and PDHPE course. One important concept is the importance of general nutrition. Further emphasis is given to the ideal nutrition in critical times such as 2-3 hours prior to exhaustive exercise and the 30 minute and 2 hour windows post exercise. It is emphasised that real food is the platform for good health and elite performance.

Trinity does not advocate supplement use and does not supply supplements. This position is consistent with the philosophy of the School. It is also recognition that food is the most vital nutritive ingredient. Further, the effects of some supplements on adolescent bodies are unknown.

Supplements are often not made to a pharmaceutical grade and as such manufacturers are not necessarily placed under the same strict requirements for listing ingredients on their packaging. World Anti-Doping Agency (WADA) banned substances have been found in some supplements, including in protein and pre-work out formulas. The efficacy of pre-workout formulas is dubious. They are expensive and often heavily laden with sugar and stimulants, some of which have been shown to be illegal and have resulted in drug bans. ASADA does not endorse supplement products and suggests that prohibited substances may be added either deliberately or inadvertently. Further, The American Academy of Paediatrics (2005) recommends against the use of ergogenic aids in children and adolescents.

A decision to use a supplement is done so at the individual’s own risk. Trinity’s advice for students who, with the support of their parents, make an informed choice to take supplements is that they should do so with the appropriate level of guidance from an accredited professional and to use the most reputable Australian made brands. More information about supplements can be found at

https://www.asada.gov.au/substances and

Irrespective of one’s decision about supplements, one should always carefully scrutinise the substances one ingests. Supplements are perceived by some to be an essential part of elite performance. Some individuals believe their performance, physique and self-esteem will benefit from supplementation. Young males, in particular, are bombarded with this message. Supplement companies are generally motivated by profit and will naturally proclaim the benefits of their products. It is not in their interest to advertise the negative consequences. Individual scrutiny and well informed choices are paramount.

Supplements are not a panacea for our physical challenges. There is no substitute for well-crafted training plans, commitment, effort, rest, patience, real food and educated decision making.

John Allen | Director of Sport and Co-curricular Activities

References

Sproule J 2012, Sports, exercise and health science, Oxford University Press, Oxford
**CONCERT REVIEW**

**MORTON FELDMAN’S THREE VOICES PERFORMED BY SONYA HOLLOWELL**

Last Sunday afternoon I had the pleasure of attending a rare performance of Morton Feldman’s piece ‘Three Voices’ performed by soprano Sonya Holowell. This hypnotising work for live and recorded voice, with its transportative sound world, was the perfect way to enjoy a Sunday afternoon. The two loudspeaker voices, pre-recorded by Sonya, created a seamless blending of tone colour meaning the parts were barely discernible from each other. This combined with gradual shifting of phrases over time brought into being an ethereal and timeless performance which wasn’t so much a listening experience but a meditative one. This being one of Feldman’s shorter works at 50 minutes I could easily imagine myself experiencing one of his longer offerings, such as when the work ended I didn’t want to leave the sonic bubble Sonya had so masterfully created.

Feldman’s works are heavily influenced by the changing patterns in a Persian rug, with the elusive shifting musical patterns being akin to the subtle changes of dye lot colours over the months that the rug is spun into being. This creates a musical stasis which in its seemingly simple construction is full of miniature complexities. Feldman is lauded for his ability to change our concept of time with these groundbreaking 20th century compositional techniques and as his works are seldom performed in Australia, this was a Society of the Arts concert not to be missed!

Fiona Hill

Last Sunday, the Society of the Arts played host to a truly special performance of Morton Feldman’s *Three Voices* by acclaimed soprano Sonya Holowell. In the intimate setting of the Delmar Gallery, Sonya delivered a mesmerising rendition of Feldman’s work, despite it being labelled as one of the most demanding vocal compositions ever written. The rarity of such a flawless live performance, coupled with the beauty of the Gallery’s resonant acoustic made for an unforgettable concert, and set the standard for the events yet to come in the Society’s 2016 calendar.

Thomas Hallsworth (11WJ)

**UPCOMING SOCIETY OF THE ARTS EVENTS AT DELMAR GALLERY**

**Exhibitions opening Saturday 5 March, 3-5pm**

**GUNUNGAN (cosmic mountain)**
Contemporary batik and installation by Indonesian artist Bagus ‘Gonk’ Prabowo, international artist-in-residence at Ashfield Council’s Thirning Villa

In Javanese tradition, ‘Gunungan’ symbolises living in harmony with the environment, guided by sharing, contemplation and gratitude.

**MIAO TEXTILES**
Traditional textiles of ethnic minorities of southern China, on loan from a private collection

Gallery opening hours: Wednesday – Sunday, 12-5pm
The exhibitions continue to 20 March.

**CONCERT TUESDAY 15 MARCH, 7.30PM**

**VERONIQUE SERRET AND BREE VAN REYK**
Violin and Vibes

Bree van Reyk and Veronique Serret’s new vibraphone and violin duo project presents a unique mix of repertoire bringing together the diverse musical journeys of these two highly acclaimed musicians. Think re-imagined Bach inventions meet Appalachian-influenced folk songs, Finnish reels, deep Congolese grooves, newly commissioned Australian works plus self-styled improvisation!

Serret is currently Concertmaster with the Darwin Symphony Orchestra. Her 2016 international engagements include tours with Sydney Dance Company and Joanna Newsom’s band. 2016 will see van Reyk appear at MOFO and Sydney Festival, tour with the ACO and compose a soundscape for the Venice Architecture Biennale.

Tickets from $20, free for Trinity students and Society of the Arts members.

Book online at trybooking.com/JZDT
CAS 1 DAY VS KNOX

After such a stunning round against Waverley, Trinity came thudding back down to earth in what was a difficult round against Knox. We managed to record 3 victories across the teams, and there were some other valiant efforts.

1ST XI

In a clash of the Titans, Trinity took on Knox in what was played as a grand final by both teams. Trinity were sent in to bat and started fairly well. The innings was once again held together by Austin Waugh (11St) who made a crucial 66 as Trinity were bowled out for 149 late in the innings. The First XI came out firing in the field and looked on top of the game after taking some early wickets. Bradley Uglow (10He) took 3 wickets in his first spell and was the pick of the bowlers early on. Mark Dedes (11St) did the job of removing the Knox skipper and Trinity had a firm grip towards the premiership.

Julian Dimas | 1st XI Captain

2ND XI

Trinity started the match extremely well by bowling Knox out for only 93 runs. Lachlan Fitch (11Hi) continued his fine form with the ball by snaring 3/9 off 7 overs. Lachlan Hayward (11Fo) also bowled well in his first match for the 2nd XI to claim 2 wickets. A run chase of 94 on TGS 1 should be a mere formality. Unfortunately it wasn’t. At one stage the team sat on 5-25 and was staring down the barrel of a big defeat. Rushad Parekh (11Yo) provided some lower order resistance and scored 23, but it wasn’t enough as Trinity was bowled out for 79.

3rd XI

TGS 3rds 10/146 defeated Knox 10/132

The 3rd XI had a memorable win over Knox. Michael Pahos (12Hi) was the star performer with both bat and ball. He scored a sensible 53 not out and was well supported by Ronak Nand (11Mu) who chimed in for 22 valuable runs. With the ball in hand, Trinity started well with Dinesh Sripthan (12We) taking two early wickets to put Knox on back foot. Knox recovered from this bad start to be looking like cruising to victory with one batsman smashing his way to 97 before Pahos’ quicker ball found him plumb LBW. This dismissal opened way to Pahos’ magic, claiming the final two tailenders quickly to complete famous victory. He finished with the brilliant figures of 5/15 off 5 overs.

8B

TGS 3/211 defeated Knox 6/205

The 8Bs avenged a first round defeat by overcoming a strong Knox outfit in their second encounter. Batting first, Trinity piled on an impressive total of 3/211. Sam Dennis (8St) was magnificent at the crease. His innings combined class, elegance, brute force and smart running between the wickets. At the end of the Trinity innings, Sam remained undefeated on 111. Knox set about chasing down the total with plenty of vigour and were ruthless on some wayward bowling. They took the game deep and with one over remaining needed 12 runs to win. Euan Marshall (8We) was entrusted to bowl the final over and kept his composure to restrict Knox to 5 runs, giving victory to Trinity by 6 runs.

7A

The 7As recorded an emphatic victory over Knox at Lower Gillespie Field. Knox won the toss and elected to bat first but were restricted to 2/44 at drinks (16 overs) and never really got on top of any of our bowlers. Oscar Ballantine-Jones (7Hi) 3/12 and Oscar Van Hal (7Mu) 2/16 bowled beautifully and thus Knox went into the change of innings with 6/119, seemingly an under par score on a fairly benign track with one short boundary square.

Trinity lost one early wicket but the combination of Rory Scott (7We) and Emmanlu Grogan (7Fo), who both scored 52 not out, both at better than a run a ball saw the Green and Whites home with a massive 14 overs to spare and for the loss of just one wicket.

Ian Moran | MIC Cricket

Congratulations

Congratulations to Liam Scott (10We) who is currently away in Brisbane representing NSW in the Under 15 Years Cricket championships. Liam is performing well in the tournament to date, scoring 2 half centuries and chipping in with a few wickets. We wish him well in his quest to be selected in the Australian Under 16 team.
Greetings to the Young Men of Year 12 and their Fathers.

On behalf of the Summer Hill Auxiliary it is with great pleasure that we invite all Year 12 fathers and their sons to the Year 12 Father and Son Celebration Breakfast.

Please join us for this special occasion as it will mark the approaching end of your school journey at Trinity.

The Buffet Breakfast will take place in the Dining Hall on Thursday 3 March at 7am. The cost is $12 per person, RSVP online by 26 February 2016.

Father & Son Breakfast
Year 12
Click here to RSVP and pay online

PRE-SEASON RUGBY REPORT

Lemony Snicket (Daniel Handler) wrote that, “Just because something is traditional is no reason to do it, of course.”

As members of the extended Trinity community, we recognise the value of traditional foundations and the solid culture they support. In the same way that myths contain core truths, traditions sustain the values that generations of Trinitarians have ascribed to, and shall continue to uphold. It is within these traditions that Rugby within the School has survived and thrived.

The 2016 Rugby season presents itself as an opportunity for the boys in all age groups to maintain the proud 100 year tradition of Rugby at Trinity. While only some boys have the honour of representing the School in A-grade teams, what matters is the attitude among all players in contributing towards collective success, displaying determined, healthy competitiveness on which successful sporting culture is built.

As the Winter Sport Season rapidly approaches, I encourage the young men of the School to actively participate in their teams’ preparations by attending all practices and setting personal, achievable goals that will assist them, and their team-mates, in fulfilling their ambitions for the Rugby season.

In summary, in the words of John Wooden, “Sports do not build character, they reveal it.”

Andrea Folli | MIC Rugby

Click here to view the 2016 Junior Gold Cup U17’s - ‘Match of the Round’ - Southern Province vs Met East: featuring Kordell Payne, Matthew Langham and Cooper Chambers

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<table>
<thead>
<tr>
<th>Team</th>
<th>Opposition</th>
<th>Result</th>
<th>Scores</th>
<th>Outstanding individual highlights</th>
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<td>1st XI</td>
<td>Knox Grammar School (KGS)</td>
<td>Lost</td>
<td>TGS 149; KGS 6/150</td>
<td>Austin Waugh (11St) 67; Bradley Uglow (10He) 3/21</td>
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<td>Knox</td>
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<td>KGS 93; TGS 79</td>
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<td>Knox</td>
<td>Won</td>
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<td>Knox</td>
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<td>TGS 146; KGS 132</td>
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<td>Lost</td>
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<td>Luca Dimiglio (8La) 31; Patrick Fouracre (8WH) 38; Angus Mooney (8La) 36</td>
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<td>Won</td>
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Winning rate: 20% (3 Wins: 12 losses)

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CAS CRICKET 2015-2016 | ROUND 8 ONE DAY GAMES | SATURDAY 20TH FEBRUARY 2016 | AWAY FIXTURE

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<td>Lost</td>
<td>KGS 8/125; TGS 110</td>
<td>-</td>
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<tr>
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<td>KGS 6/230; TGS 208</td>
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<td>TGS 3/211; KGS 6/205</td>
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<tr>
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<td>Knox</td>
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<td>TGS 7/27; KGS 0/28</td>
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Winning rate: 20% (3 Wins: 12 losses)

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PRE-SEASON RUGBY REPORT

Lemony Snicket (Daniel Handler) wrote that, “Just because something is traditional is no reason to do it, of course.”

As members of the extended Trinity community, we recognise the value of traditional foundations and the solid culture they support. In the same way that myths contain core truths, traditions sustain the values that generations of Trinitarians have ascribed to, and shall continue to uphold. It is within these traditions that Rugby within the School has survived and thrived.

The 2016 Rugby season presents itself as an opportunity for the boys in all age groups to maintain the proud 100 year tradition of Rugby at Trinity. While only some boys have the honour of representing the School in A-grade teams, what matters is the attitude among all players in contributing towards collective success, displaying determined, healthy competitiveness on which successful sporting culture is built.

As the Winter Sport Season rapidly approaches, I encourage the young men of the School to actively participate in their teams’ preparations by attending all practices and setting personal, achievable goals that will assist them, and their team-mates, in fulfilling their ambitions for the Rugby season.

In summary, in the words of John Wooden, “Sports do not build character, they reveal it.”

Andrea Folli | MIC Rugby

Click here to view the 2016 Junior Gold Cup U17’s - ‘Match of the Round’ - Southern Province vs Met East: featuring Kordell Payne, Matthew Langham and Cooper Chambers
CAS ROUND 8 vs KNOX

TRINITY SUFFERS FIRST LOSS OF THE CAS SEASON

1ST V

Trinity’s undefeated season came to an end as they suffered a convincing defeat at the hands of a fired-up and well-prepared Knox team. Since moving into their new Sports Centre (Knox Great Hall) in 2012/13 CAS season, Trinity has not being able to beat the “Black and Blues” on their home floor. The Greens struggled defensively from the outset, allowing Knox easy passage to the basket, but Jarryd Fernandes (12La) did his best to keep Trinity in the game at the end of the first period with nine points. The Knox onslaught continued in the second quarter and with Trinity losing another key player in Jayden Tanevski (12La) through injury, the Greens were in disarray. Sebastian Diaz (10Ta) tried to ignite a fight back with some great hustle plays and a quick eight points in the period, but Knox, heading into the main break, had all the momentum and a twelve point lead (34-46).

Defensively Trinity recovered in the third period, as they stopped the easy baskets and holding Knox to just fifteen points, but woeful shooting (1-24FG) stifled any fight back. Tom Mackenzie (11WJ) was solid in the middle, while Ryan Maranik (11Ar) and John Bechara (12Mu) worked tirelessly to help their team find a way back. Jed Keogh (11Ar) battled hard on the boards, but the damage was done as the boys from Summer Hill were outclassed and exposed defensively in their twenty-seven-point loss (55-82). The Firsts still sit at the top of the CAS ladder and will need to bounce back against Cranbrook in their traditional Friday night clash over at Bellevue Hill.

Leading Statistics

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<td>10</td>
</tr>
<tr>
<td>Tom Mackenzie</td>
<td>9</td>
<td>5</td>
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<td>Sebastian Diaz</td>
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<tr>
<td>Jed Keogh</td>
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SECONDS MOVE TO TOP SPOT ON THEIR OWN WITH GREAT WIN

2ND V

Trinity came into the game needing a win to keep their hopes alive of a CAS Premiership. After a slow start, which saw Trinity in an early eight-point hole, the team gathered momentum and managed to get defensive stops and level the scores at the half (24-24).

At the commencement of the second half Trinity came out firing and Josh Di Giannantonio (12Ho) was ‘huge’, scoring a game-high 15 points and really leading from the front. Liam Rasch (12WJ) again was very solid at both ends with 14 points and Ollie Davis (11Ke) contributed a very important 7 points. With co-leader Barker going down, the Trinity Seconds now sit on top of the CAS ladder on their own with two games remaining.

Leading Scorers

<table>
<thead>
<tr>
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<td>Josh Di Giannantonio</td>
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<td>Liam Rasch</td>
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<tr>
<td>James Spanos</td>
<td>8 pts.</td>
</tr>
<tr>
<td>Ollie Davis</td>
<td>7 pts.</td>
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</table>
3RD V

Trinity started well, leading by eight points and then held that buffer for most of the game. Nic Driessen (11Yo) was relentless at both ends, grabbing a mountain of rebounds. Will Giezekamp (11Ke) was everywhere, with his pressure causing many opportunities for Trinity to intercept the ball. The Thirds’ character was tested late as Knox looked to steal the game, but great composure got them home by two points.

4TH V

Unfortunately, the Fourths went down by a free throw after the buzzer. It was great improvement from the last time Trinity played Knox where they were well and truly dominated by 20 points. Gabriel Whitfield (11WJ) and Ray Chan (11We) were strong under the basket, igniting the Thirds’ fast break. Ken Zhang (11We) was shooting from everywhere and had a game-high score of 13 points.

5TH V

Solid defence, team positioning and desire characterized a terrific victory over the strong Black and Blue. Clever screening (in their paint) gave the Green Machine an early lead that never looked in doubt. Ben Li (12La) and Christopher Elias (12Mu) played their best game of the season, showing grit, energy and control. Nicholas Lee (12WH) was a constant threat and Chris Talarmis (11Ta) threw the ‘pass of the season’. Angus Davies (12Ho) was solid in the key at both ends of the court.

YEAR 10A

After a tough loss last week, Trinity was determined to get back on the winners’ list, but an early injury to Joshua Kerr (We) meant that the 10As would have to play the game without both power forwards. Great defence and rebounding by Lachlan Zheng (WH) and Nikolas Ginis (Ta) kept Trinity ahead during the first half. Solid play on both ends by Justin Jasa (Ho) and Tom Diiorio-De Domeneghi (Yo) allowed Trinity to extend their lead late in the game, but the day belonged to David Carreon (St), who played out of position but still dominated the Knox defence, leading his Team to a well deserved win.

YEAR 10B

Trinity was looking to stay undefeated in round two against a big Knox line-up. It was important the Greens dominated the boards. Calvin Li (Ar) and Kristian Dahan (Hi) did this job well, allowing Harrison Barden (Yo) to control the tempo of the game. Andrew Jin (WJ) and Jonathon Roseworn (WJ) proved a handful for the opposition defence, while Darcy Edwards (WJ) and Elliot Kern (WJ) steadied the ship in the final minutes, thwarting any Knox revival.

YEAR 10C

It was a physical game where Trinity trailed by one point at the break. A strong start to the second half by Knox pushed their lead out to four points, but the determination of Harrison Haritos (Ta) on the loose ball and strong defensive presence of Oliver Arkell (WJ) kept Trinity in the match. Then two late three pointers from Ricky Chan (Sc) gave the Greens some breathing space and a solid victory.

YEAR 10D

Trinity continued their fine form to comfortably beat Knox to remain undefeated. Jerry Ren (Ke) was unstoppable in the low post and Andrew Kim (St) had a hot shooting hand.
rebounds. Ben Jabbour (Ar) made some timely baskets in the closing minutes putting the game out of Knox’s reach. Well done to Thomas Newall (Yo) who continues to defend well.

YEAR 9A
After a few close losses in previous weeks, Trinity knew they had to step it up against a solid Knox team. Richard Ziade (Mu) controlled the tempo with precision and was unstoppable on the offensive end and along with Alec Mackenzie (WJ) combined for 35 points. Marcus Kartsounis (H with the Bottle Greens running out 11 point winners.

YEAR 9B
Trinity came out firing in the opening minutes to take an early five-point lead. Justin McNamara (Sc) was outstanding in the opening minutes, grabbing numerous rebounds and playing great c.A quick fight back from Knox led to the scores being tied with ten minutes remaining. However, great offensive play by new led to the Bottle Greens running out seven point winners.

YEAR 8A
Trinity looked for redemption after an improved Knox team got the better of them in the mid-season Blitz. Luke Nichol (He) was outstanding and had his best game of the year, hitting some huge shots down the stretch. Earvin Dizon (Ta) was again solid and played with a high level of intensity all game. It was a huge win from the boys, considering the key personnel who were missing.

YEAR 8C
Down on personnel, Trinity rallied together… of George Andary (Du) and Miles Amatosero (Hi). An excellent scoring display from Steve Poulos (Ta) helped secure a solid win.

YEAR 8D
Trinity once again showed their defensive ability against a strong Knox team, bouncing back in the second half after finding their rhythm to come back from a 12-point deficit. Strong rebounding and finishing at the rim from Malachi Hawkes (WJ) alongside smart passing from James Wang (WJ) rounded out a 42-19 win.

YEAR 7A
The 7As faced their toughest opponent to date, but our strong trio of guards Tyrese Proctor (Fo), Deonte Williams (Yo) and Thomas Buvac (WJ) handled Knox’s trapping defence for easy baskets. On the other end of the floor, the Greens full court pressure was the difference in the game forcing the Black and Blues to turn the ball over constantly. Special mention to Jamie Christopoulos (Ar) having a breakout game with some much needed interior play and Theo Kidd’s (WJ) relentless rebounding at both ends

YEAR 7E
The Greens played another solid match, keeping Knox at bay with impressive defence. James Kern (WJ) and Vangeli Tsintominas (Sc) hustled hard on both offence and defence, while Adam Stavros (Ho) worked hard to box out and get numerous rebounds in a solid seven-point victory.

Ben Morrissey | MIC Basketball
It was a tough day across the board for the Trinity Tennis fraternity last Saturday in the Round 8 clash against Knox College. Credit must be given to Knox who won the majority of matches contested including the 1st IV. The strong Year 9 cohort were the only age group to secure wins against Knox, these being recorded by the 9A, 9B and 9D teams. The 7D team came close to winning but had to settle for a draw after the games were locked at 25 all on completion of play. Teams that played well and lost narrowly after the sets were equal included the 10As and the 8As. The 8Bs, coached by Ashley Lucas, managed a good victory against Newington whilst the 6th lost their fixture against Newington by 1 game in another competitive hit out.

The 1st IV lost 2-6 against a strong Knox outfit who were determined to walk away with a win. The tall, physically imposing Knox team were simply too strong and committed on the day and denied our boys any foothold into the match. We were able to take one set of Doubles and one set of Singles, but were outplayed in the remaining sets. Our boys struggled on return of serve especially and had a higher than usual percentage of unforced errors. James McCabe (8St) must be commended on his positive play, especially in his Singles match in which he was able to defeat a bigger and older opponent to the tune of 6-1. Mathew Nedanovski (9Fo) and James McCabe did well to come from behind in their first Doubles set to win our only other set. The team still sits half a point ahead of Knox on the ladder and must win the remaining two matches without conceding many sets if they hope to be Premiership contenders.

The 2nd IV played beautiful Doubles to go up 4 sets to love. All of the doubles sets were long and hard-fought, with our boys managing to dig deep and win the important points. Unfortunately, Knox were able to win all of the Singles encounters convincingly and ended up taking the fixture on games after the sets were locked at 4 apiece.

I look forward to seeing how the teams will bounce back in tomorrow’s away fixture against Cranbrook at Rose Bay.

Jeremy Dykgraaff | MIC Tennis

10As AND 10Bs

The 10As narrowly lost in an extremely tight 3 sets all fixture. In the end the result came down to a 1 game margin. Knox winning with 31 games to Trinity’s 30 games. Special mention should go to Alexander Scott (10St) for winning his singles set and his doubles match.

The 10Bs’ fixture was competitive in nature but unfortunately the opposition, even with a player down, were too strong for Trinity. Despite Trinity’s losing 4 sets to 2, Philip Kyriacou (10Sc) played an extremely close match eventually losing in the tie-break 4-7.

William Henry | 10As and 10Bs Coach

9As AND 9Bs

The 9As went into this fixture with a lot to play for as they wanted to keep their undefeated season alive. After a long drive out to Asquith, some of the players were a little low on energy. Credit to Justin Slieiman (9Ta) who dug deep despite a slight knee injury to win his set in a tiebreak and also Tom Spratt (9Mu) who although losing, fought extremely hard to force the set into a tiebreak. After a stunning tiebreak loss in Edward Lai (9St) and Tom Spratt’s doubles match, the 9As’ hopes of continuing their undefeated season lay in the hands of Justin Slieiman and Alex Vallozis (9Yo). The boys continued the form they showed in their singles matches, winning the set 6-1 to keep the undefeated streak alive.

The 9Bs were coming into this fixture off the back of a strong win last week. This form was shown straight away with some strong doubles wins in both pairings. The singles results were similar to the doubles, winning all but one set. Credit should especially go to Jason Wu (9Sc) and Greg Aravanis (9We) who won both their doubles and singles in convincing fashion.

Brendon Bechara | 9As and 9Bs Coach

8As AND 8Bs

After a disappointing result against Knox late year, all the boys were eager to get things underway at the sacred courts of Haberfield Tennis Centre. Andrew Peng (8He) and Tom Jin (8Yo) got the 8As off to a great start as they broke early for 4-2 lead. However, the Knox boys slowly recovered, placing increased pressure on the Trinity pair. With the scored tied at 4-4, the rallies began to lengthen, with Knox dominating most of the extended rallies as they took the set 6-4. Meanwhile, on the adjacent Court, David Kim (8WH) and Daniel Skarynski (8We) played out tough doubles sets with some spectacular shot-making from Daniel and some very clever drop shots by David (7-6). With the scored tied at 1 set a piece, Andrew Peng was able to give Trinity the lead with an outstanding 6-3 win as he continues his undefeated singles run in 2016. With Tom and David dropping their singles set 3-6 and 1-6 respectively, the outcome of the day was in the hands of Daniel’s single match. After many deuce games and holds of serve, Daniel was able to break at 6-5 to record yet another singles win (7-5). Although the final scores saw Knox record a 3 sets all win, I would like to commend all the boys on a great performance and their continual improvement.

Coming into the round with new doubles combination, the 8Bs, following their loss last week, hoped to turn the tables against Knox. The new doubles pair of Toby Brockhouse (8Ho) and Alexander Mallis (8Sc) executed their game plan to perfection.
as they recorded a well-deserved 6-2 win. Although the other singles result didn’t fall our way, special mention must go to Scott Lee (8St) for his competitive spirit and improved brand of tennis. Moving up to the B3 position, Scott served superbly, racking up countless aces and volley winners as he went down 7-5. Overall, this was a much better performance from the boys and I encourage the boys to keep up their hard work for the remaining two weeks of the season.

Joseph Fung | 8As and 8Bs Coach

7As AND 7Bs

It was always going to be a tough assignment against Knox at Turramurra as traditionally their strength goes very deep and their Year 7s of 2016 were no exception.

7A - Justin Yang (7WH) teamed with Liam Ling (7La) again this week and their combination appears to be getting better as time goes on. Despite a strong start and some good volleysing and groundstrokes, the boys went down 3 games to 6. Lachlan Dock (7Ta) and Deon Kontonis (7Fo) were a new pairing with Deon moving up to the As. Alas, their lack of time together on court and their opponent’s good tactical play saw them go down 1-6. In the singles, Knox simply proved too strong, with the Trinity boys unable to handle the heavy spin and placement used. Deon Kontonis on his As’ debut fought hard but went down 2 games to 6.

7B - Nathan Xie (7St), Cameron Ong (7St), Ben Prsa (7La) and Elias Chahine (7Ke) made up the 7Bs and unfortunately encountered a Knox side that was at the top of their game. It is up to the boys to learn from this experience, practise hard, maximise court time and listen to coach’s instruction wherever possible to turn it around next week against Cranbrook at Rose Bay.

Chris Knight | 7As and 7Bs Coach

VOLLEYBALL

TRINITY DEFEATED KNOX 3-0 (25-6, 25-15, 25-11)

Round 3 against Knox gave Trinity the chance to improve the vital parts of their game and to try new things. Trinity came into the game ready to play and comfortably took the first set. Knox, persistent and willing to fight, came back onto the court with a stronger attitude but that was still not enough to match Trinity’s consistency. The third set was a different story, as Knox came out firing with the last strike to try to get themselves back into the game, Trinity was not prepared for this sudden burst of enthusiasm and quickly fell down a few points. The Firsts managed to get themselves back into the game and to fire up and once again the team’s resilience showed in the final score with Trinity taking out the Third set. This leaves the squad with a strong season so far, remaining undefeated. Training has commenced in preparation for the CAS title fight against Barker College, who are always known to bring a strong game to the court. Special mentions for this week must go to the libero Jared Attia (12 Yo) for his dominance in the back court and keeping focused on the task at hand through the entirety of the match. Once again mentions this week also to our middles Tom Mackenzie (11WJ), Jarred Fernandes (12La), Matt Rorie (11Fo) and Michael Amin (12WH) for again dominating through the middle of the court and showing real power and outstanding blocking skills. Mention also must go to the Vice-Captain Angus Webster (12WJ) for dominating in both spiking and blocking at the net. Daniel Gabriel (11Hi) once again continued his strong form of setting and equally strong serving, which propelled Trinity through the sets serving 7 in a row in the second set.

Lewis Jupp (12WH) | 1st VI Volleyball Captain

TRINITY DEFEATED KNOX 2-0 (25-11, 25-10)

In preparation for our game against Knox, the Trinity Volleyball 2nd VI were working hard during the week. Focusing primarily on defence, it was clear that our passes were getting more and more accurate. Starting our first set with some amazing team work between our Setter Jonah Newman (11WJ) and Hugh Sixsmith (11Sc), it was clear that we were ready for a good game. Keeping a lead the entire time was expanded due to our middles Adam Hotel (12La) and the monumental Jacob Elmasry (12He), who were constantly tipping well throughout both the first and second set. We finished the set with a score of 25-11. Continuing with our lead we had excellent talking from Joshua Gereis (12Ar), followed up by some destructive hits from the amazing all-rounder Phillip Davies (12Ke). Once again fantastic defence from our constantly impressive libero Matthew West (12Du) was coupled well by Oliver Arkell (10WJ), who was strong on the block all day. Strong serves and communications pushed the second set to 25-10, giving another 2-0 win to Trinity. Well played, gentlemen!

James Watson (12We) | 2nd VI Captain

TRINITY DEFEATED KNOX 2-0 (25-18, 25-21)

This week the 3rd’s played against Knox who were strong opponents. Thanks, however, to a strong game we were able to win. We began the first set strongly with a first set win of 18-25 The second set began and we were able to produce a solid win of 16-25, thanks to some great hits by Eliot Kern (10WJ). This secured us the game and we eventually went on to win the third set as well, taking the overall match out 3-0.

Isaac Barden | 3rd VI Captain

CAS TENNIS SUMMER 2015/16
SATURDAY 20TH FEBRUARY | ROUND 8 AWAY

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Overall winning rate: 21%. 4 Wins 17 Losses
TRINITY SCHOOL SWIMMING CHAMPIONSHIPS 2016

Over the last few weeks the dedicated swimmers at Trinity have been competing for places and points in the School Championships. The programme began with lunchtime racing in the 200m Freestyle, 100m Butterfly, 100m Backstroke and 100m Breaststroke events, Monday through Thursday. These events were open to the 15 years and above age groups for points. However, many of the younger boys joined in to pit themselves against the older boys—and keen and dangerous they looked, too!

The 400m Freestyle was open to the 14, 16 years and Opens age groups for points. There was many a comment by the teachers doing the timing about how quickly these young men could swim those 16 laps. The Medleys were contested at School for the first time as we utilised the new 50m pool. The big night of racing happened last Thursday night at TGS. Here the favourite 50m events kept the time keepers very busy and the 100m Freestyle was raced.

Fourteen teachers volunteered their time to help make the Championships a great success. After a few technical difficulties, the races began and the swimmers posted some impressive times. Mr Simon Bootle, a talented organiser, marshalled up a storm and kept the races flowing quickly.

All in all, a successful programme with some fantastic swims, which launches us into final preparation for the CAS Championships in just under two weeks’ time.

Congratulations to the following Age Champions 2016.

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<tr>
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<td>3rd</td>
<td>46 points</td>
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<table>
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</tr>
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<tbody>
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<td>51 points</td>
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<tr>
<td>3rd</td>
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<td>41 points</td>
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</tr>
<tr>
<td>3rd</td>
<td>27 points</td>
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</tr>
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<td>44 points</td>
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<tr>
<td>3rd</td>
<td>32 points</td>
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<th>52 points</th>
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<tbody>
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<td>31 points</td>
<td></td>
</tr>
<tr>
<td>3rd</td>
<td>23 points</td>
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<tbody>
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<td>27 points</td>
<td></td>
</tr>
<tr>
<td>3rd</td>
<td>20 points</td>
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</table>

As the boys and coaches prepare for the CAS Championship, it is important to remember that the focus and hard work the boys have shown during their rigorous training schedules will give them the confidence and courage required to take on the other schools. They are wonderful, committed young men and already a credit to Trinity. With the Trinity Green Army cheering them on from the stands, and the knowledge that the whole School community is behind them, anything is possible!

Janet Wonders | MIC

WATER POLO

<table>
<thead>
<tr>
<th>Team</th>
<th>Opponent</th>
<th>Score</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>1st VI</td>
<td>Saint Ignatius’ College Riverview</td>
<td>22-4</td>
<td>Loss</td>
</tr>
<tr>
<td>2nd VI</td>
<td>Saint Ignatius’ College Riverview</td>
<td>7-12</td>
<td>Loss</td>
</tr>
<tr>
<td>16As</td>
<td>Saint Ignatius’ College Riverview</td>
<td>10-3</td>
<td>Win</td>
</tr>
<tr>
<td>16Bs</td>
<td>Saint Ignatius’ College Riverview</td>
<td>5-3</td>
<td>Loss</td>
</tr>
<tr>
<td>15s</td>
<td>Barker College</td>
<td>24-2</td>
<td>Win</td>
</tr>
<tr>
<td>14As</td>
<td>Saint Ignatius’ College Riverview</td>
<td>5-5</td>
<td>Draw</td>
</tr>
<tr>
<td>14Bs</td>
<td>Saint Ignatius’ College Riverview</td>
<td>12-7</td>
<td>Win</td>
</tr>
<tr>
<td>13 Green</td>
<td>Knox Grammar School</td>
<td>1-8</td>
<td>Loss</td>
</tr>
<tr>
<td>13 White</td>
<td>Knox Grammar School</td>
<td>10-4</td>
<td>Loss</td>
</tr>
</tbody>
</table>

1ST VI

The 1st VI team was not at full strength for this game with three key players unavailable due to injuries or representative commitments. With changes to the line-up and game systems, we were still confident that we could produce a competitive performance after beating Riverview in a trial round earlier in the year. Our game plans were short lived with Sam Yip (10La) being excluded within the first quarter, meaning we were to rely heavily on our bench. Lochlain Ryan (12We) and Jack Brereton (11Hi) found themselves sitting on the bench with three majors. Riverview gained momentum and ran out with a strong victory. Congratulations to goal scorers George Fournaris (10Hi), James Artemi (11Hi) and Harris Vlahopoulos (11St).
2ND VI

After being down 1-4 at the end of the first quarter, our 2nd VI never stopped driving forward. Their defence was excellent in the last three quarters, evidenced by ten major fouls, none of which were for a pointless reason. Noah Thomas (12He) scored four goals taking his season tally to twenty while Matthew Moon (11We) scored two (eighteen for the season) and Kean McCaw (11Ke) one (eight for the season). Patrick Newall (12Yo) was a standout in the water and both Dimitri Koutoulas (12WH) and Matthew Innes (11We) had strong games.

16As

The 16As continue to show Trinity fighting spirit. Although riddled with injuries, the boys still performed well and played for each other. Riverview managed to stay in the game for the first half with the score reading 3-2 to Trinity. The boys were able to lift in the second half with strong performances by Nabeel Hatoum (9St) and Jacob Gadiel (10Mu) at centre forward to complete a well-polished team performance, winning 10 goals to 3. Benjamin Austin (10Hi) has settled well into this team with another outstanding performance in the cage. Goal scorers were Jacob Gadiel (10Mu), Matthew Yazbek (10Yo), Nabeel Hatoum (9St) and Ethan Hansford (10He).

16Bs

The 16Bs faced challenges this week including no recognised goal keeper meaning that our boys rotated the role and were unable to field our strongest line up. The boys did display a fighting spirit throughout the whole game, but were unfortunate not to capitalise on all attempts at goal. Riverview were able to squeeze two more goals past the 16Bs’ defence to narrowly defeat our boys. Good performances were given by all team members, but special mention must go to goal scorers: William Raptis (10Ta), Nathan Rohr (10Ho) and Sam Boffa (9Yo).

15s

The 15s started the game with three fast goals and established a quick lead after the first quarter. In the second quarter the boys managed to organise their press defence and with a few fast counter attacks, managed to create a stronger lead after the second quarter. Going into the final quarter the boys fought hard to the final whistle. Congratulations to Mathew Moore (Ke) on achieving 4 goals.

14As

A strong endeavour in defence enabled us to lead comfortably at half time. In the second half, poor, rushed and misdirected passes gave the opposition possession at inopportune times, allowing them to stage a fight back. Overall, a less than optimal result in view of our recent strong performances

14Bs

The 14Bs have developed well as a team this season and have found a winning formula. This week was no different. The team played a strong press defence and was able to force loose passes and easy turnovers. Riverview stayed in close contact with scores locked at 3-3 at the end of the 1st Quarter. Through good team plays, our boys dominated the last 3 quarters to secure a strong win. Congratulations to goal scorers: Ethan Brouw (8Ta), Rory Martin (8Du), Cormac Grossling (8Ar) and James Coal (8Du).

13 GREEN

The 13 Greens faced their strongest opponent over the weekend and stepped up to play their season’s best performance to date. The final score fails to highlight the competitiveness of our boys. Defence was much improved and special mention must go to Euan Germanos (7He) for his press defence. Passing also improved, with fewer balls lost in transition, although some boys are still somewhat anxious when they see an opposing defender, something that can be worked on along with ball control. Lastly, credit goes to Adrian Boyd (7Fo) and Andy Lee (7Fo) for their speed and passing in counterattack. It was an impressive game from the team, and one they should strive to improve upon in the future.

13 WHITE

A tough contest against Knox met the 13 Whites. The game started at a fast pace and by the second quarter the scoring opportunities were hard to come by, with Trinity being outswum by their opponents. Knox had several State swimmers in their team, which made it difficult for the boys to mark their players. All boys played extremely well by sticking to the game plan practised during training, especially in the 2nd half of the match limiting Knox’s attempts to counter. Marking-up in defence is improving, as is eye contact and passing. It is great to see the continued improvement as the weeks progress. Special mention must go to Ethan Webb (Du), who scored our only goal. Patrick Cantlon (Du), who showed excellent strength and stamina in attack, and our exceptional goalkeeper Ben Kick (WJ), who managed to block many goals throughout the entirety of the game. It is fantastic to see the boys forming a strong team dynamic as the weeks progress. Well done, team!

James Martin | MIC Water Polo
INDEPENDENT SCHOOLS GOLF SERIES, AVONDALE GOLF CLUB
Saturday 20th February, 2016

ROUND 6

It seemed to take an eternity for our round to start last Saturday at the superb Avondale Golf Club, as we were hampered on the first tee by a conversation our charismatic leader, Ejun Choi (10Ho) was having with two young girlfriends. No doubt this was a result of the Valentine’s Day calls he received mid-round last Saturday at Strathfield! Anyway, the distraction proved to be a positive one, as Ejun played superbly to dismantle his opponent from Barker, winning on the 14th, 6 and 4.

Nathan Finn (11Ar) also secured a convincing win and played with considerable improvement from last week, driving the ball miles and never dropping the pressure he was able to place on his Barker combatant. He too won convincingly, 5 and 3. The shot he played under pressure on the 15th to knock it to about three foot on the short par three was worth every cent of the exorbitant admission price!

Tyler Beverley-Smith (8Ta) had not changed in disposition one iota since last week and you'd swear he was playing in the President’s Cup in his match! He again found himself 4 down at one stage yet clawed his way back into the match on the 15th where he had a chance to be only 1 down with 3 to play. However, as is often the case, a short putt that didn’t make it to the hole was never going to drop, and he remained two down. Nonetheless, seemingly unperturbed, he managed to square the next hole and again take the match to the 17th. Unfortunately that struggle finished there and he went down fighting, 2 and 1.

It would be impossible to find a more affable young man than Peter Kostoglou (11Sc). He played poorly again this week. However, as always, he displayed superb etiquette and sportsmanship in his match and represented the School with aplomb. With his determination I have no doubt he shall find his game soon.

It was excellent to share the spoils with Barker last Saturday and we look forward to harnessing this forward momentum next week, as we host at Massey Park.

Good golfing,

Michael Spratt | MIC
You should keep your trump card hidden until the very end – Gunzou Chihaya.

On the 19th of February, the Trinity CAS Chess Team embarked on their journey competing against our long-time Chess rival, Knox Grammar School. The tension was high due to the fact that this was the most important match of the season. Last year we may have had a spectacular victory against them, but this year was a new year and anything could happen. We arrived at Milson’s Point and it turned out that Knox had to forfeit two boards in the Intermediate division due to their players being too busy at the time to show up. It was a small bonus for us that could prove handy at the end of the season.

This week, our strong Junior Team had finally met their match after going on a rampage last season. It seemed that the Knox Junior Team was very powerful and managed to take down most of the Junior Team except Joshua Yeoh (8Sc) who was able to best his opponent leading to 1-3 loss for the Junior Division. On the other hand, of the two matches that were played in the Intermediate division, Calvin Li (10Ar) who led the team at the time, managed to win his game creating a reversal of the scores from last week from 1-3 loss to the 3-1 win. The Senior Team completed their bout against Knox after spending over eighty minutes waiting for the last match to end. Vice Chess Captain Calvin Fong (12Ta) redeemed himself from last week’s loss by utterly destroying his opponent. Elliot Ho (11He) ended up winning his match, dominating proceedings against his opponent. This led to the Senior matches breaking even 2-2, so that overall, the scores between Trinity and Knox were even with a 6-6 scoresheet.

Next week, the Trinity Grammar School CAS Chess team will play against Cranbrook in the penultimate match of the season. Hopefully, the Junior Team can redeem themselves next week and help give a respectable score for the next report.

The goal for CAS Chess team this week is to gain a collective score of more than 8 wins. Gentleman, always remember...

…Using a simple method to accomplish something impressive, far outshines using a complex method to achieve the same thing – Rider.

Nam Phu (12Fo) | Chess Captain

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**SCOUTS**

This week was the 159th birthday of the founder of the World Wide Scouting movement, Lord Robert Baden Powell (affectionately referred to as BP in scouting). Each year scouts around the world celebrate BP’s birthday in Founder’s Day activities.

Nine members of the Trinity Scout Group joined joeys, cubs, scouts, venturers and rovers from Balmain, Burwood, Drummoyne, Dulwich Hill, Enfield and Leichhardt along with leaders and some parents at Scout Place next to Circular Quay in the city for a brief service, then 40 scouts spent the day undertaking self-directed exploration of the city. Many patrols, including the Trinity Scouts, went to the Trailblazers Exhibition at the Australian Museum where they saw an exhibition on 50 iconic Australian adventurers and explorers of Australian territories.

The Trinity Scouts also visited the ANZAC Memorial in Hyde Park where they saw the pennant of the 9th Battalion of the 3rd Light Horse Brigade. The 3rd Light Horse Brigade was special in scouting history as this Brigade had its own Scout Troop.

The 3rd Brigade Troop of Scouts was formed on the 17th Jan 1916, originally the design of Major J. Wearne, a Boer War veteran and Brigadier “Galloping Jack” Royston, C.O. of the 3rd Brigade. The original Troop Commander was Lt Tom Rickeby of the 9th Light Horse. The men were drawn from experienced bushmen, all crack shots and were sworn to secrecy. The principal Scout leader was Sgt Bill Martin (DCM and BAR).

The main purpose of the troop was to find water, scout the ground ahead, to observe enemy troop movements and to draw fire. The troop was later commanded by Lt Charles Foulkes-Taylor M.C., who had been commissioned through the ranks and had been an original member.

Unique amongst the troopers was the fact that the scouts were entitled to wear the very rare and highly prized “Scout” badge. The origin of the “Scout” badge was the brain-child of Lt General Lord Baden Powell “Defender of Mafeking”, whilst in command of the 5th Dragon Guards in India in the latter part of the 19th century. The “Scout” badge was an arrow-head at the end of the north point of the compass. The War Office gave permission for this badge to be worn by scouts and this was the first badge of proficiency permitted in the Australian army.
MATHEMATICS CLUB MATTERS

MATHEMATICS CLUB MATTERS COMPETITION

It was pleasing to see there were many submissions to and much interest in the problems in Bulletin III from both Middle School and Senior School boys interested in experiencing Mathematics. Every correct solution will go into the draw for the chance to win a major prize at the end of each term.

Congratulations to last week’s winners, Jayden Chan (7St) and Jed Keogh (11Ar) for having the first correct solutions drawn from the Middle School and Senior School boxes. Would they please see Dr Osman for their weekly winning prize.

The answer for the Middle School Problem was 400. The answer for the Senior School Problem was the distance between the two runners is 10km. Complete worked solutions for the Middle School and Senior School problem have been posted outside the Mathematics Department office.

THIS WEEK’S PROBLEM FOR BULLETIN V:

1. Years 7-9: Middle School Problem due on Monday 29 February 2016

The starting lineup of a baseball team wants a photograph taken with all nine of the players sitting in a row on a bench. One of the ball players wonders how many different arrangements can be made of the order in which they sit. Do you know? Please show working to justify your answer!

2. Years 10-12: Senior School Problem due on Monday 29 February 2016

If you built a four-sided pyramid—not counting the bottom as a side—using ping-pong balls, how many balls would be in a pyramid that had seven layers? Please show working to justify your answer!

Please place your name and House group with your submission by Monday lunch-time (1.10PM) at the Mathematics Department Office.

Dr Frederick Osman | MIC Mathematics Club

NEW INTERNATIONAL JOURNAL AND PROCEEDINGS OF YOUNG ARCHIMEDES

CALL FOR STUDENT PAPERS

The Mathematics Club has initiated a new and unique Journal and Proceedings of Young Archimedes which publishes academic online papers of secondary students in the fields of Mathematics Applications and provides a forum to exchange mathematical ideas, activities, and/or sharing and interpreting high school research.

Manuscripts will be reviewed by the Editor, in consultation with the Associate Editors, to decide whether the paper will be considered for publication in the Journal. Issues are scheduled to be published in June and December. An electronic version of each issue is posted to the Trinity Grammar School Mathematics Club web site http://www.trinity.nsw.edu.au/1_senior/spirit_maths.html as a formal publication.

Aims Of This New Initiative:

1. The Journal and Proceedings of Young Archimedes publishes academic online papers of secondary students in the fields of Mathematics Applications.
2. To provide a forum to exchange mathematical ideas, activities, and/or sharing and interpreting high school research.
3. To pioneer a new field of educational endeavour to be the first Mathematics International Journal publication for High Schoolers.
4. All Trinity students who are interested in unique mathematical ideas, activities, and/or sharing interpreting high school research are encouraged to submit a paper. All students completing HSC and/or IB essays or projects with relevance to the fields of Mathematics Applications are highly encouraged to submit a paper for refereeing within the Journal and Proceedings of Young Archimedes.

Outcomes:

1. Issues are scheduled to be published in June and December of each Year.
2. A Maximum of 6 long papers (max 6 pages) or 12 short papers (max 3 pages) for each issue.
3. An electronic version of each issue is posted on the Trinity Grammar School Mathematics Club web site publication.

Enquiries relating to submission and production of articles should refer to the Style Guide (see the link below) or direct any enquires to Dr Frederick Osman on fosman@trinity.nsw.edu.au

Dr Frederick Osman | MIC Mathematics Club

CLICK HERE TO VIEW THE STYLE GUIDE
Join us and have your say!

An evening of mathematical discovery and enrichment. Our engaging panel of experts will inspire, entertain and educate through their passion for Maths in a thoroughly interactive way!

Discussion topics will include:

- Why do we need Maths?
- What can I do with Maths?
- How can I get good at Maths?
- Is Maths discovered or created?
- What is the best way to teach Maths?
- The importance of consistent revision?
- How relevant is Maths after high school?
- How to write effective maths revision notes?
- What are the grand Mathematical challenges that keep us awake at night?

And YOU can join the conversation by submitting a question at http://tinyurl.com/TrinityMath prior to the event. The best questions will not only shape the debate, but prizes will be on offer.

Our panel of experts:

**FORUM HOSTS**

Chris Tisdell (Associate Dean, UNSW Science) and Susannah Waters (Mathematics Communications Officer and Journalist, UNSW)

Katrina Iannella is the student ambassador for The School for Excellence (TSFX) and is passionate about harnessing students’ learning potential. She works with several Sydney schools to provide educational services designed to maximise Year 11 and 12 academic results. With the help of TSFX, Katrina completed the HSC in 2013 and received an ATAR of 97.95 and is now undertaking a Bachelor of Commerce/Science at UNSW.

Shane Keating – is a lecturer and a researcher at the UNSW School of Mathematics and Statistics. His research examines the mathematics of fluids in nature, from Earth’s atmosphere and ocean to turbulence in the Sun. Shane’s favourite part of his job is that he get so to bring his research into the classroom and show students how mathematics can be used to understand the world around us.

Thomas Britz – is a lecturer at the School of Mathematics and Statistics, UNSW, and loves his job since it combines the best parts of being an inventor, teacher and altruist. He often dreams of having time for adventure, books, games, and sleep.

Barton Lee – has just completed an Honours degree specialising in Mathematics and Economics at UNSW. He is an ex-President of the UNSW Mathematics Society, which has over 4,000 members. When he isn’t studying, he’s travelling around the globe.

Gordana Popovic – is currently studying a PhD in Statistics and Statistical Ecology. She is working to improve methods for modelling communities of species. These methods help ecologists discover how species numbers are affected by the environment (e.g. temperature) and how species interact with one another. In her free time she frolics at the beach and rock climbs.

Shane Scott – is an experienced teacher of NSW Mathematics courses to HSC level at Trinity Grammar School. He is an executive member of the Mathematical Association of New South Wales. He has won the NSW Premier’s Scholarship for Mathematical Teaching and has travelled to Germany, UK and the US to attend and present at International Schools and Mathematics conferences.

**DETAILS**

**DATE**  
WEDNESDAY 9TH MARCH 2016

**TIME**  
6:00pm-8:00pm  
(Refreshments will also be served)

**COST**  
FREE!

**WHERE**  
Trinity Grammar School  
Latham Theatre

Students and parents are welcome to attend this special event!

Event supported by:
Mathematics to become a prerequisite for University of Sydney admission from 2019

The University of Sydney will lead the charge to address the national crisis in science, technology, engineering and mathematics (STEM) by introducing mathematic prerequisites for a number of its courses from 2019. Amid growing concerns over falling standards in subjects requiring mathematics, the University of Sydney will become the first university in NSW to require year 12 students to have completed at least two-unit mathematics for 61 of its courses in order to meet requirements for admission. The changes, which apply from 2019 in order to allow sufficient time for current year 10 students to select senior subjects which fulfil the new entry requirements, will impact a range of courses, including economics, commerce, engineering and IT, psychology, pharmacy, vet science and science.

The changes were passed by the University of Sydney’s Academic Board in December 2015. The full list of courses affected by the new prerequisites is available online. The new prerequisites will be listed in the 2016 Universities Admissions Centre (UAC) Year 10 guide, distributed to schools in May 2016, and are set to apply to admissions for 2019.

Expos and Forums:

The HSC and Careers Expo at Moore Park brings together exhibitors including tertiary institutions, training organisations, employers, providers of HSC, career and gap year resources and information. Now in its 8th year The Expo attracts highly motivated visitors to an event clearly targeted to their needs.

Expo Times
Thursday 2 June, 9am-3pm, Friday 3 June, 9am-3pm
Saturday 4 June, 10am-3pm, Sunday 5 June, 10am-3pm

The Western Sydney Careers Expo at Sydney Olympic Park will provide information on universities, TAFE colleges and training providers; employers and employment services; career counsellors and advisers; organisations with apprenticeship information and opportunities; providers of work and study skills programmes; providers of HSC resources, lecture programmes and information services; student support services; providers of tutoring services and providers of international exchange and gap year programmes.

Expo Times
Thursday 16 June, 9am-3pm, Friday 17 June, 9am-3pm, Saturday 18 June, 10am-3pm and Sunday 19 June, 10am-3pm

On Thursday 19 May 2016, the School will host a joint OTU/RTO Careers and Industry Expo at Summer Hill Campus from 5PM to 7PM in the Centenary Centre. The event is dedicated to all career areas and vocational education training both traditional and non-traditional trades will be show-cased.

What’s on offer for Students?

This EXPO is an ideal platform to promote apprenticeships, cadetships, jobs and education and training in these areas. Visitors to the Careers Expo will be taken on a unique ‘journey’ of career advice, interaction education and training options. The event is designed to facilitate ALL students (Year 10-12) with both an academic and vocational focus.

For further enquiries please contact Dr Fred Osman 02 9581 6040 or email fosman@trinity.nsw.edu.au
or Mr Stephen Heanly 02 9581 6065 or email sheanly@trinity.nsw.edu.au

OTU CAREERS AND INDUSTRY EXPO
THURSDAY 19 MAY 2016 | 5PM TO 7PM
IN THE CENTENARY CENTRE, SUMMER HILL CAMPUS
119 PROSPECT ROAD, SUMMER HILL

SAVE THE DATE

Proudly supported by:
Old Trinitarians’ Union and the Trinity Grammar School Registered Training Organisation

NTIS CODE: 91644
OTU/RTO Careers and Industry Expo:

On Thursday 19th May, the School will host a joint OTU/RTO Careers and Industry Expo at Summer Hill Campus from 3PM in the Centenary Centre. The event is dedicated to all career areas and vocational education training both traditional and non-traditional trades will be show-cased along with the opportunity to speak with Old Boys, individually, about a wide range of careers.

Trinity Grammar School Life Skills Careers Programme:

There are 4 Sessions in the Latham Theatre which are compulsory for all Year 10 students:

- **Session 1:** Career Foundations and Vocational Opportunities
- **Session 2:** Personal Profiling and Resume Building Programme
- **Session 3:** Work Readiness Programme
- **Session 4:** Apprenticeships, Traineeships and University Study Programme

The optional lunch sessions in the Latham Theatre for students in (Years 10-12) will provide an academic and vocational focus to help with career advice, interaction education and training options.

Upcoming Trinity Lunch Career Education Sessions:

- **Monday 29 February 2016**
  Time: 1:10PM Venue: Latham Theatre
  Chartered Accountants – Meet the Business Leaders – The session is tailored for students who are thinking about a career in business.

- **Tuesday 1 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Professional Cadetships Australia Opportunities which will include Business and Engineering and Technology Cadetship!

- **Thursday 3 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Sydney City School of Law – Top Education Institute!

- **Friday 4 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Turning Point Consulting – Scholarship Applications Workshop

- **Monday 21 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Crimson Consulting – US and UK University Admissions

- **Tuesday 22 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Education USA – Information Session and Application Process!

- **Thursday 24 March 2016**
  Time: 1:10PM Venue: Latham Theatre
  Working in Medicine – MedEntry UMAT Preparation

All Career Education details, timelines and events for students will be advertised on the Library Career Notice Boards and in this online Careers Section or alternatively come and see me in Q0.2.

My High Schools Careers Website:

Trinity subscribes to a careers service which allows students and parents to be kept up to date with Careers News and Events. To access this information go to the website www.mhs2016.com/ and then login with: Trinity and the Password: mhs2016

Careersworks Website:

Is an organised grouping of careers resources and sources for secondary students parents teachers and careers advisers. To access this information go to the website www.careersworks.com/ and then Password: next

JobJump Website:

To access this information go to the website www.jobjump.com.au and then type the first couple of letters of Trinity in the first white box on the right hand side and when the name of your school appears in blue on the screen, simply click on it and it will enter into the first box. Then enter your email address (preferably your home email address for students, as your school email is lost at the end of Year 12) and click Login. Enter the Password: trinity and then answer a couple of brief questions to register.

UNIVERSITY:

- **UNSW:**
  **Built Environment Parent and Student Information Session**
  16th March 2016, 6pm to 8:30pm, UNSW Built Environment Ground Floor Gallery. The information evening is aimed at high school students and their families and those who have already completed the HSC, are studying at TAFE, in a gap year, bridging course or already commenced work. Information will be provided on admission options, career pathways and an opportunity to speak to current students. http://www.be.unsw.edu.au/events/information-night-prospective-students-and-their-families

- **Notre Dame:**
  **Business – Law – Arts Symposium**
  21st June 2016, 10am to 2pm, 104 Broadway, Chippendale. Registrations are now open for the Business – Law – Arts Symposium, the event is for students in years 11 and 12. The day will provide information on different career opportunities available through degrees in Business, Law and Arts as well as curriculum support for students and teachers and allow students to hear from academic staff on current issues. http://www.nd.edu.au/events/2016/business-law-arts-symposium

- **CQUUniversity Sydney:**
  **Bachelor of Science (Chiropractic)**
  There is a great demand for qualified and registered chiropractors. This career delivers work-life balance, travel and self employment opportunities. Students at our CBD campus learn from an award winning faculty using the best available facilities. https://www.cqu.edu.au/courses-and-programs/study-areas/health/undergraduate/bachelor-of-science-chiropractic

- **University of Sydney:**
  **Dr Karl Short Back and Science**

- **Bond University:**
  **Medical Programme:**
  Comprises of two sequential degrees - The Bachelor of Medical Studies (BMedSt) and the Doctor Medicine (MD). It is designed to equip graduates with the knowledge, skills and attributes that a doctor requires to effectively practice medicine in today’s complex health care environment. https://bond.edu.au/program/medical-program

- **2016 Western Sydney Taste of Trades and Careers Market**
  25 and 26 May . 9am to 3pm. Penrith Valley Regional Sports Centre, 30 Herbert Street, Cambridge Park, NSW. Try different trades and career skills and meet bosses find out about apprenticeships and VET pathways. Contact: Debbie Robertson Email: Deborah.m.robertson@tafensw.edu.au Phone: 02 9208 9575. School Bookings contact: Brett Carter:brett.carter18@tafensw.edu.au.phone: 02 9208 9506

Guaranteed pathways into UOW

UOW College offers 28 week courses that can guarantee students entry into the first or second year of a range of UOW undergraduate degrees (subject to meeting UOW entry requirements). For information visit http://www.uowcollege.edu.au/pathway/index.html
UTS: Insearch Information Session
10th March 2016, 5pm to 7pm, 187 Thomas Street, Sydney. The Insearch pathway offers Diplomas for prospective students to undertake if they did not meet the ATAR requirement for their desired course. The Diplomas are offered as 8, 12 or 16 month courses. http://www.insearch.edu.au/Campaigns/innotanumber

QS World University Rankings 2015/16
The QS World University Rankings for 2015/2016 have been released, with the Australian National University, ranked 19th globally, being first in Australia. The top 10 universities in Australia according to these rankings are:

1. Australian National University (19)
2. The University of Melbourne (42)
3. The University of Sydney (45)
4. The University of New South Wales (46)
5. The University of Queensland (46)
6. Monash University (67)
7. The University of Western Australia (98)
8. The University of Adelaide (113)
9. University of Technology, Sydney (218)
10. Macquarie University (229)


UNSW Engineering
Through engineers’ eyes: engineering mechanics by experiment, analysis and design: 18th April 2016, 12pm. This free online course will provide information on the techniques of engineering mechanics as well as use the theory to interpret experiment and designs. The course consists of four hours per week over a seven week period. https://www.engineering.unsw.edu.au/all-events/free-online-course-through-engineers-eyes-engineering-mechanics-by-experiment-analysis

UMAT 2016
UMAT is a test that is used specifically to assist with the selection of students into the medicine, dentistry and health science degree programmes at undergraduate level at the universities listed on the website. Registrations for UMAT 2016 are now open and close 5:00pm (AEST) 3rd June 2016. The test takes place nationally on Wed 27th July 2016. https://umat.acer.edu.au/

National Institute of Education: Simulated UMAT Day Workshop
19th March 2016, UNSW Kensington Campus
22nd May 2016, UNSW Kensington Campus
14th July 2016, UNSW Kensington Campus
5th March 2016, Canberra Grammar School
16th July 2016, Canberra Grammar School
The workshops cover every section of the UMAT test and also the styles of questions. Registrations are now open. http://nie.edu.au/simulated-umat-day-workshop

TSFX Free HSC Survival Guide
The School for Excellence (TSFX) have put together a 36 page guide to help year 12 students achieve the best possible marks in end of school exams. The guide has advice about goal setting, managing stress and procrastination, time management skills, effective learning techniques, planning study timetables and more. Download it here: http://www.tsfx.com.au/hsc-survival-guide-edge-teachers

TSFX Mastering the Exams
June 2016, University of Sydney
The programme is for Year 11 and 12 students with information on skills and strategies that can be used during exam periods. http://www.tsfx.com.au/category-hsc-program/exam-strategy-lectures/

Meet A Keeper Days at Taronga
MAK is a one-day programme for students 14 years and over who have expressed a keen interest in a career at the Zoo. The day includes a seminar presented by a panel of Zookeepers and other Zoo staff. Students will learn about aspects of zoo-keeping, including qualifications, career opportunities, core responsibilities, careers structures and wages. Afterwards students will explore the Zoo and enjoy a mystery behind-the-scenes animal tour. Please note all Meet A Keeper days are being run in the first term in 2016, to assist students with subject choices for 2017. For booking forms and information visit https://taronga.org.au/education/sydney/meet-keeper

Dr Frederick Osman
Director of Vocational Education
and RTO Manager (Careers Education)

GENERAL:

Defence Jobs Australia Information Sessions
### THIS WEEK...

**Friday, 26 February 2016**
- **Sport** - Years 7-12 - Winter Sports Registration concludes
- **Trinity Quilters** (ABR)
- **4:20pm - 8:00pm** Basketball - CAS Round 9 - 1sts & 2nds (Cranbrook)
- **4:30pm** Chess - CAS Round 4 - Cranbrook vs Trinity (St Aloysius)
- **5:00pm - 8:30pm** Excursion - Boarders - 1sts & 2nds Basketball (Cranbrook)
- **6:00pm** Debating - FED Round 2 - St. Joseph’s vs Trinity - J. St Julian
- **6:00pm** Debating - ISDA Round 2 - Pymble vs Trinity - J. St Julian

**Saturday, 27 February 2016**
- **CAS - Round 9** - Cranbrook vs Trinity

**Sunday, 28 February 2016**
- **11:00am - 1:00pm** CIS Waterpolo Training Camp (Pool)

**Monday, 29 February 2016**
- **1:10pm - 1:50pm** Years 10 -12 - Chartered Accountants - Meet the Business Leaders Presentation - Life Skills (LT)

**Tuesday, 1 March 2016**
- **Music - Soloists’ Competition Heats continue** (OR)
- **7:30am** Year 9 - Field Studies Programme - Camp (4) departs (Chapel Drive)
- **1:00pm** Cricket - OTU vs School (No. 1 Oval) (Afternoon Tea DH 5.00pm)
- **6:30pm** Summer Hill Auxiliary - Meeting (TR)
- **7:30pm** P & F - Meeting (TR)

**Wednesday, 2 March 2016**
- **Music - Soloists’ Competition Heats continue** (OR)
- **4:45pm - 6:30pm** 1sts XI Football - Independent Schools Cup (Dulwich Hill)

**Thursday, 3 March 2016**
- Cafeteria open until 7.00pm
- **Music - Soloists’ Competition Heats continue** (OR)
- **7:00am - 8:00am** Year 12 - Father and Son Breakfast (DH)
- **1:10pm - 1:50pm** Years 10 -12 - Sydney City School of Law - Life Skills (LT)
- **7:00pm** Year 10 Careers - Parent Information Evening - Morrisby Testing (AH)

**Friday, 4 March 2016**
- **Music - Soloists’ Competition Heats conclude** (OR)
- Swimming - NSW State Open Championships commence (SOPAC)
- **1:10pm - 1:50pm** Years 10 -12 - Scholarship Workshop - Life Skills (LT)
- **4:30pm** Chess - CAS Round 5 - Trinity vs Barker (St Aloysius)
- **6:00pm** Debating - FED Round 3 - Knox vs Trinity
- **6:00pm** Debating - ISDA Round 3 - Trinity vs Scots (Supper DH 6.00pm)

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Milton Cujes | Head Master | Friday 26 February 2016

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TRINITY GRAMMAR SCHOOL

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www.trinity.nsw.edu.au